





Conceptual Design Studio

MEÜS was established by the Guatemalan Fashion Designer Sofía Contreras-Paredes in 2014.

It is defined as a Design Studio born from life awareness, social matters and the perception of reality, creating clean and detailed goods with/for you.

Characterized by artisanal processes and conceptualization, the studio embarks in creating with meaning.









Per Materia

A collaboration with a knitting club from Guatemala City. Inspired by the concept of Prejudice and Generalization.

The substraction of the solid, challenge for the simple.

A visual antonym for a generalized aesthetic "The Backpacker", a common type of person judged in our Guatemalan culture as the outsider, the unclean, the heavy, the nomad.

Creating what is needed to become the exception, we erradicate stereotypes.

Hand-Knitted with Bamboo yarn, Aeria Platforms Handcrafted from Caoba Wood.

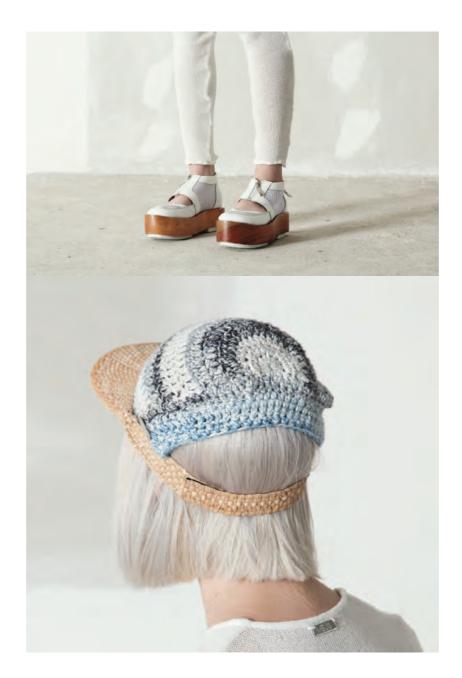
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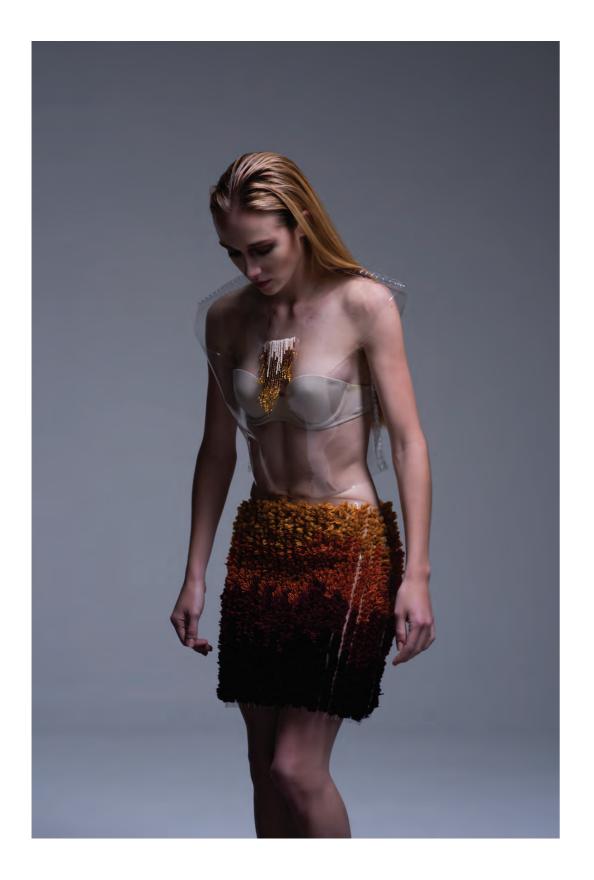
Finalista Diseño de moda, textil y complementos Mercedes-Benz Fashion GUATEMALA











Degradation

Decompose, oxidates, corrupts. Perception of an inverse Utopia: The irregular = The perfect.

If our clothes could show what happens when we absorbe all negative energy, How would it look? Degradation of the matter to eliminate the mask and reveal the pure.

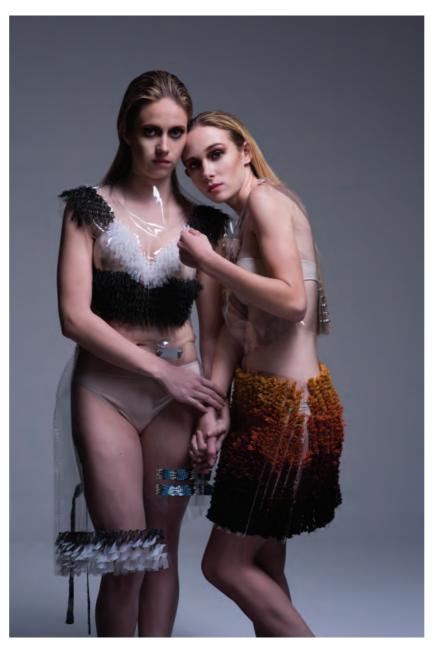
A representation of the process, ejemplified by transparency and saturation of matter.

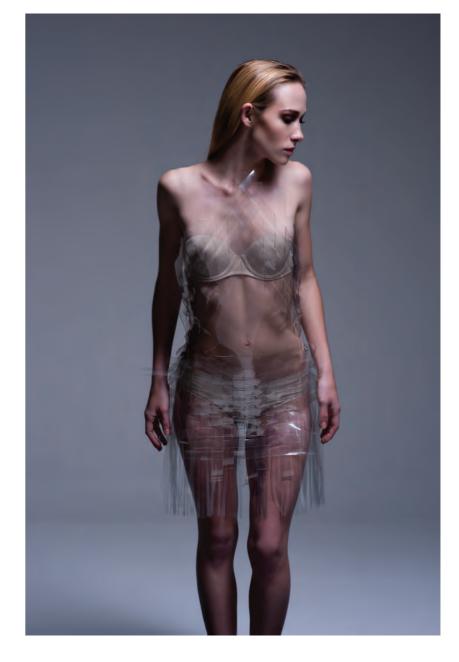
Oxidation palette, transparent structures inspired by artisan techniques: basket weaving, beading, wool carpet knot technique and others. 100% Hand-made.

showcased at:











Inanibus Convexa

A collaboration with Red Juvem, wool artisan Cooperative. The unmanned side of our existence.

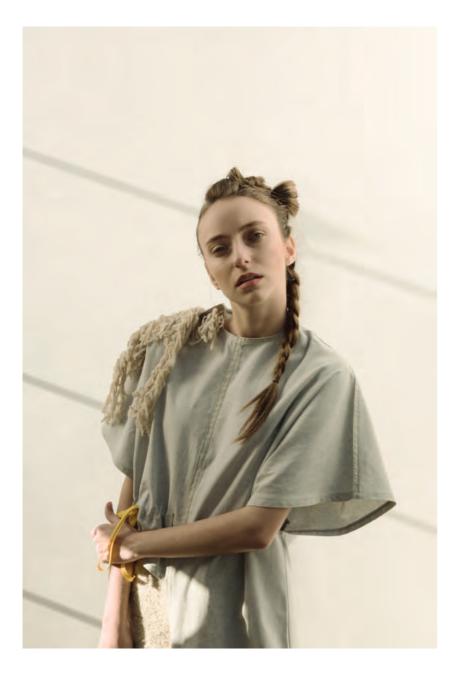
There is a side of us that has been disconnected since we became electronic-driven humans.

Emotions and vulnerability have a bad connotation, our edited image is whats always present, we can not conceive that is the both: structured and vulnerable side that makes the whole.

One side: our humanity, that unravels, unfinished and natural, while the other side: closed up, clean perfect to the eye.

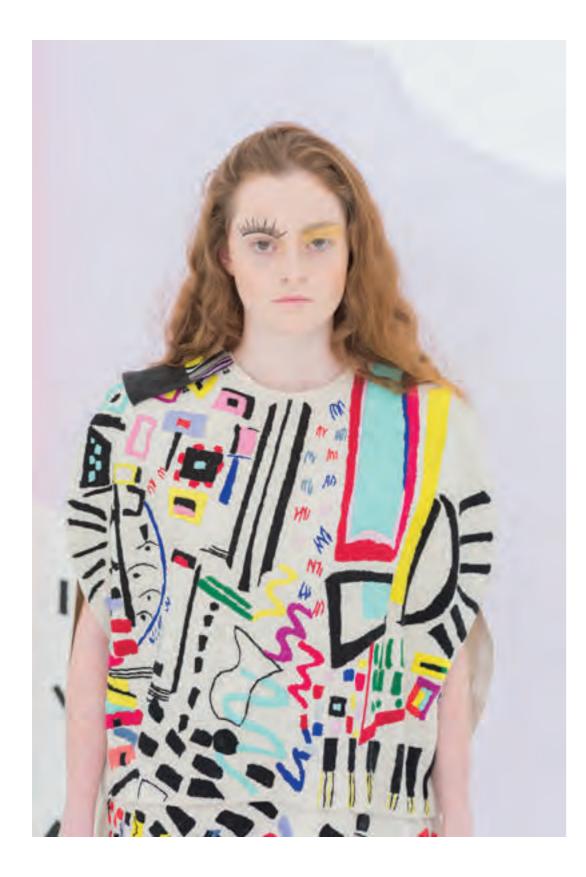
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Societas

A collaboration with London textile designer Nelly Rose, Chuwila, Las Rosas and Adiba (Artisan Cooperatives).

Uniting cultures + breaking borders is the inspiration behind this collection.

Clean aesthetics, versatile and timeless silhouettes accompanied by handmade textiles and patterns. A project created to generate a social impact, unifying several creative pillars to generate an innovative, conscious and fair design proposal.

A new textile language is born, the history of the contemporary artisan world, a page, a book, of all of us.

showcased at:

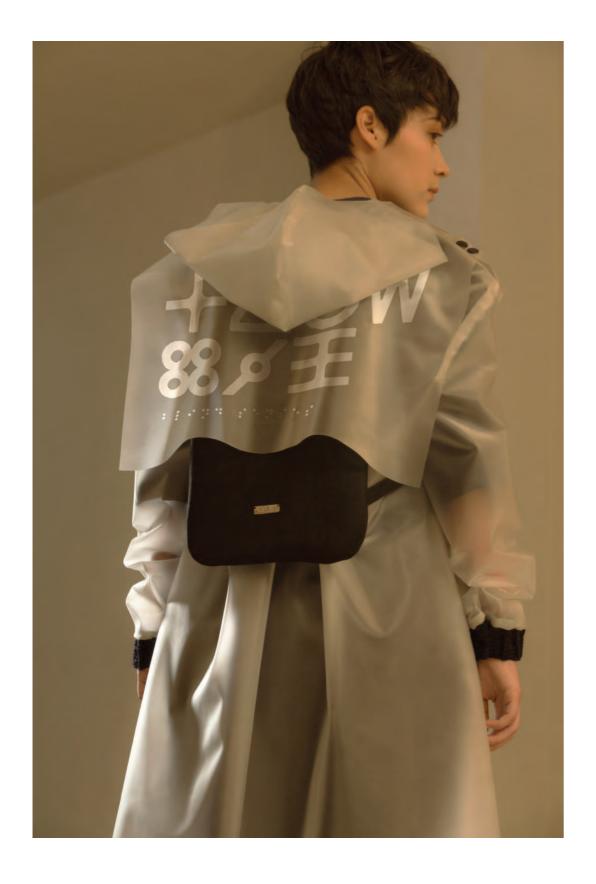
FASHION SCOUT

Mercedes-Benz Fashion GUATEMALA

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Blind Senses

A collaboration with Guatemalan visual artist Luiso Ponce and the Meritorious Committee for the Blind and Deaf of Guatemala.

The eyes are useless when the mind is blind, Blind Senses is a study on the human experience. We are living a superficial life, where the obviousness of what we see, hear, touch or perceive is considered the ultimate truth.

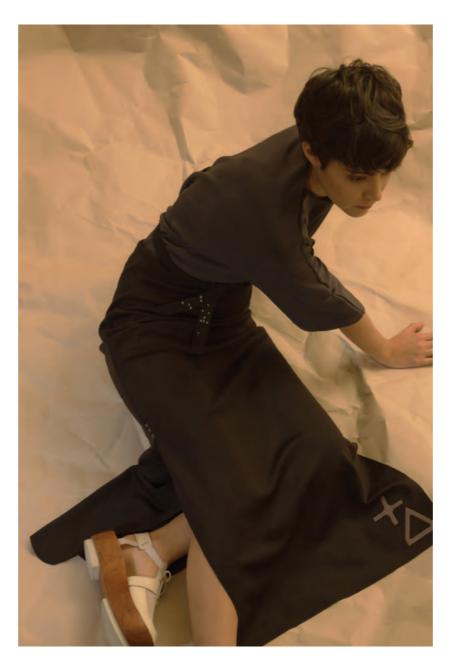
Questioning, researching and observing have become a rare reaction to life and our surroundings.

Curiosity described as a Human trait, is now a thing of a few than all.

showcased at:

NOMET SHOWROOM Paris - Tokyo







Metamorfosis Textil

Metamorfosistextil is the educational platform of MEÜS, created to promote textile experimentation and explore new creative processes for curious minds.

Born from the sense of responsibility of Sofía, MEÜS' founder, it reflects her commitment to sharing knowledge—just as other creatives once shared theirs with her.

More than just a project, Metamorfosistextil is an evolving space that grows with every collection, embodying a belief in the collective power of creativity and the importance of knowledge exchange.

MEÜS has given more than 20 workshops, since the year 2014. Including workshops at Universities in Guatemala such as: Universidad Popular, Universidad del Valle de Guatemala, Universidad Rafael Landívar, for brands and business like Moda País, EDEL and Stare Vie an international workshop at the International Fashion Showcase in London.





Events

NOMET Online Showroom Japan, 2018

Mercedes-Benz Fashion Guatemala Guatemala 2017

Fashion Scout LFW In collaboration with Nelly Rose London Fashion Week 2017

Simbiótica Exhibition Taipei 2017

International Fashion Showcase London Fashion Week 2017

Ibero-American Design Biennial Madrid, España 2016

International Fashion Showcase London Fashion Week 2016

Simbiótica Exhibition Guatemala 2016

Mercedes-Benz Fashion Guatemala Guatemala 2015

Publications

ELLE México Digital Article México 2019, May

Harper's Bazaar México Blind Senses collection Article México 2018, November

L'Officiel México Societas collection México 2018, February

Vogue Italia SOCIETAS collection review Italy 2017, November

Noctis Magazine In collaboration with Nelly Rose London 2017, September

Forbes México Relevant Latin-american Designers México 2016, November

Look Magazine Most avant-garde designers in Central America Guatemala 2016, July





www.studiomeus.com info@studiomeus.com

